

Coming for an Assessment at Sunny Hill Health Centre



BC CHILDREN'S HOSPITAL



This book explains what to expect when you come to Sunny Hill Health Centre for an assessment.

Assessments at Sunny Hill are a variety of activities that clinicians use to get to know you.

The clinicians use these assessments to find ways to make things easier for you at home, at school, and in your community.

Clinicians are staff who help with these activities.





On the day of your assessment,
you will go to Sunny Hill Health Centre.



You will check-in at the front desk.



You will wait for your clinician in the Family Gathering Space. There are fun activities to do while you wait, or you can bring something from home.



Feel free to bring any comfort items (e.g., headphones, blanket, etc.).

There are snacks and drinks, and a washroom nearby.



There may be volunteers there to hang out with you while you wait.



When it is time for the assessment your clinician will come to get you. They will introduce themselves and their role.

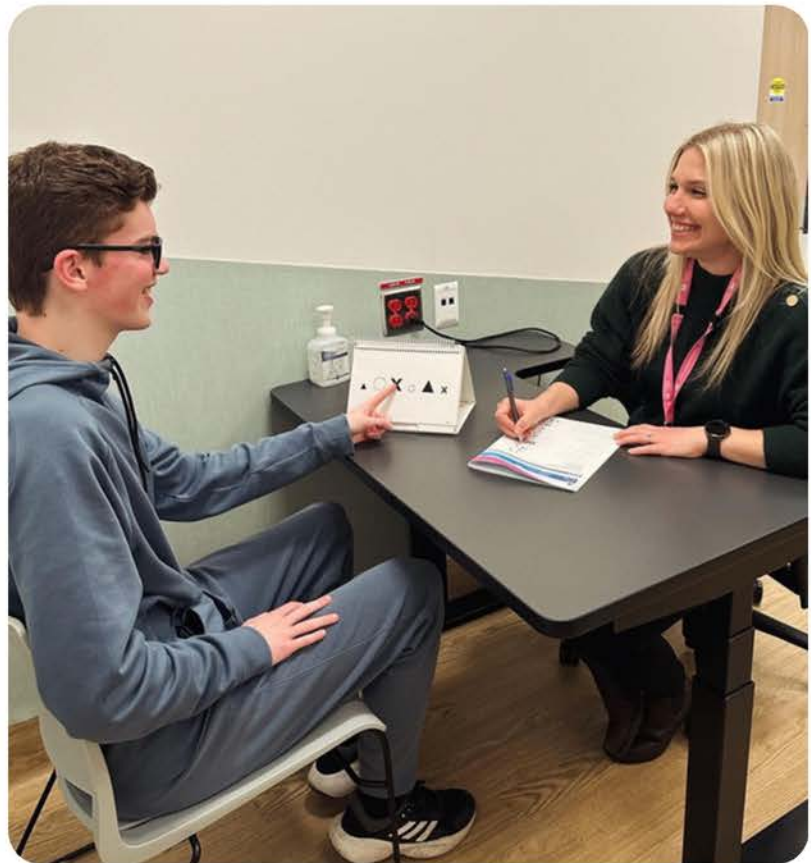


This is what the clinic room might look like.
Each clinician may set up their room slightly differently.



Sometimes the adult who came with you will stay in the room during your assessment. Other times, they will wait for you in the Family Gathering Space.

Your adult will always be close by if you need them.





During the assessment your clinician will ask questions to get to know you.



They may ask you to show them how you do certain things like learn, draw, and write.





Your clinician may do a physical check up. They could listen to your heart, measure your height, and take your weight. Sometimes they ask you to do different stretches or movements with your body. They might also measure your head and eyes too.



Your clinician may need to talk to your adult afterwards. During this time you can hang out in the Family Gathering Space with our volunteers.



When your assessment is finished you will go home.



After the assessments are finished, the clinician(s) will meet with you and your family to tell you what they learned. They will help make a plan so you are supported.

THANKS FOR COMING!





QUESTIONS?

Tell us what you think! Was this book helpful?

PLEASE REACH OUT TO:

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Thank you to Sunny Hill patients and families for creating this book.

Clinicians

**These are some of the clinicians you may meet.
They work together as a team.**

Developmental Pediatrician

A doctor specifically for infants, children and teens. They look at how infants, kids and teens are growing and developing. They also look at all aspects of development. This includes language, how someone interacts and engages with other people, play, motor skills and cognition.

Pediatrician

A doctor who support infants, children and teens. They check if kids are healthy, growing, and developing.

Psychologist

A psychologist spends time talking and doing activities with people to learn how they think, learn and feel. They might ask questions about your friends, what you find hard, what you are good at and more.

Speech and Language Pathologist

Speech language pathologists look at and help people with things like talking, listening, understanding, and interacting with others during play or conversation.

Occupational Therapist

Occupational therapists look at and help people to do everyday things like eating, learning, and moving.

Physiotherapist

Physiotherapists look at and help people with muscle strength, movement and balance.

Psychiatrist

A doctor who focuses on helping people with things like thinking, feeling and behavior.

RESOURCES AVAILABLE

- Case Manager
- Social Worker
- Child Life Specialist
- Indigenous Navigators
- Interpreter