

Coming for an Assessment at Sunny Hill Health Centre



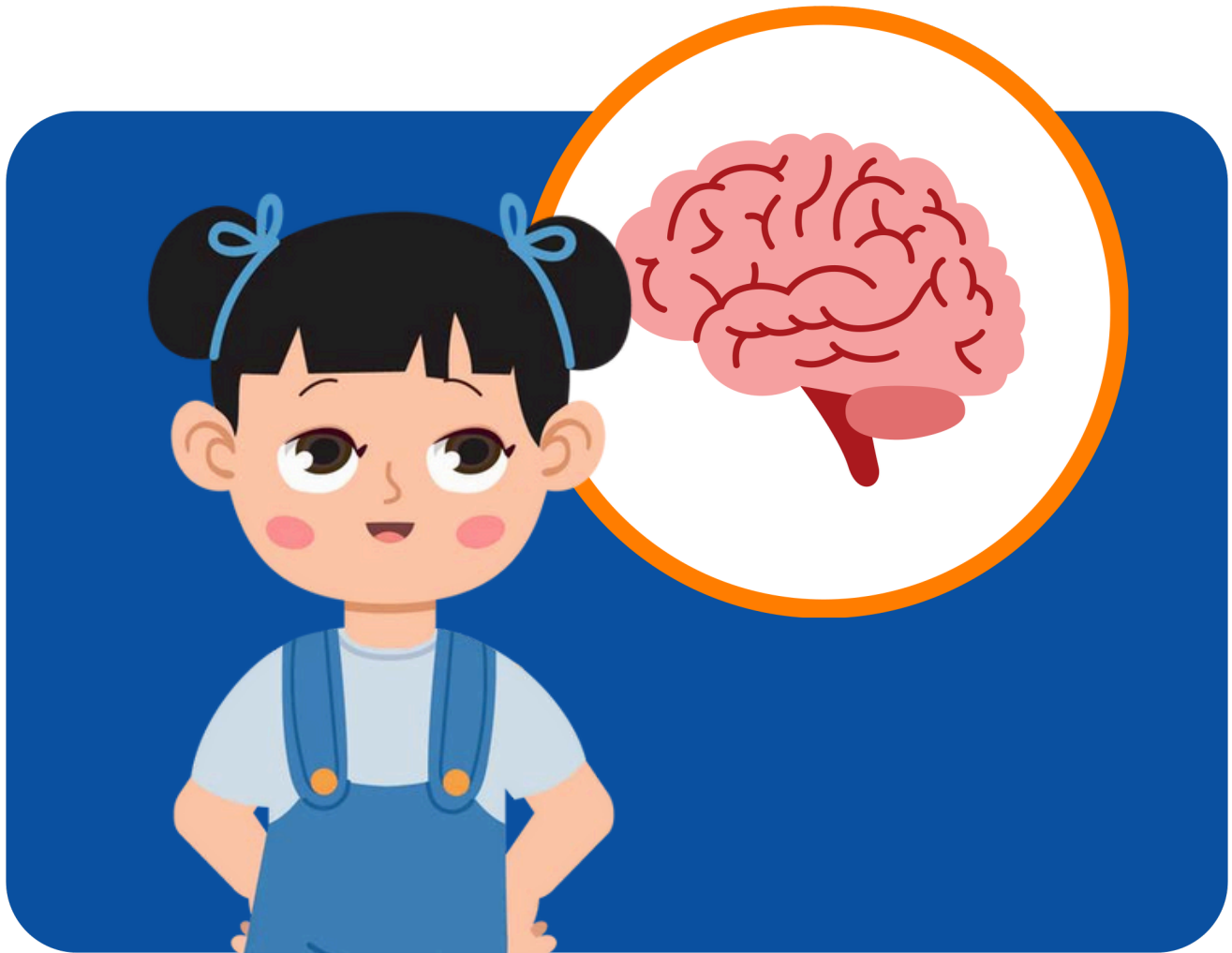
BC CHILDREN'S HOSPITAL



SUNNY HILL HEALTH CENTRE



This book shows what to expect when you come to Sunny Hill Health Centre for an assessment.



What is an Assessment?

Assessments at Sunny Hill are a variety of activities that Clinicians use to get to know you. They look at how your brain and body work.

What Is A Clinician?

Clinicians use assessments to find ways to make things easier for you at home, at school, and in your community.



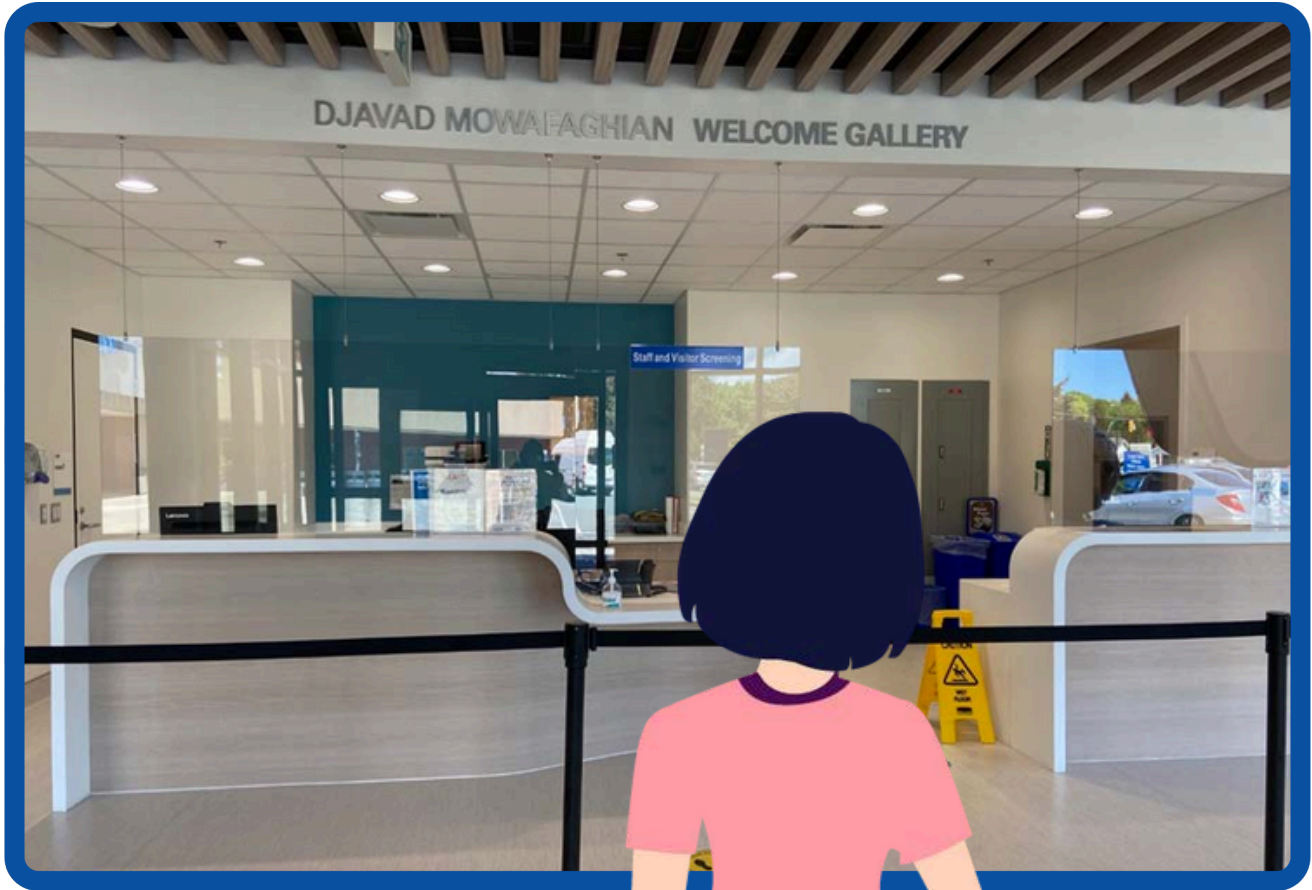
Clinicians are staff who help with these activities



Arrival

On the day of your assessment, you will go to Sunny Hill Health Centre.





Check In

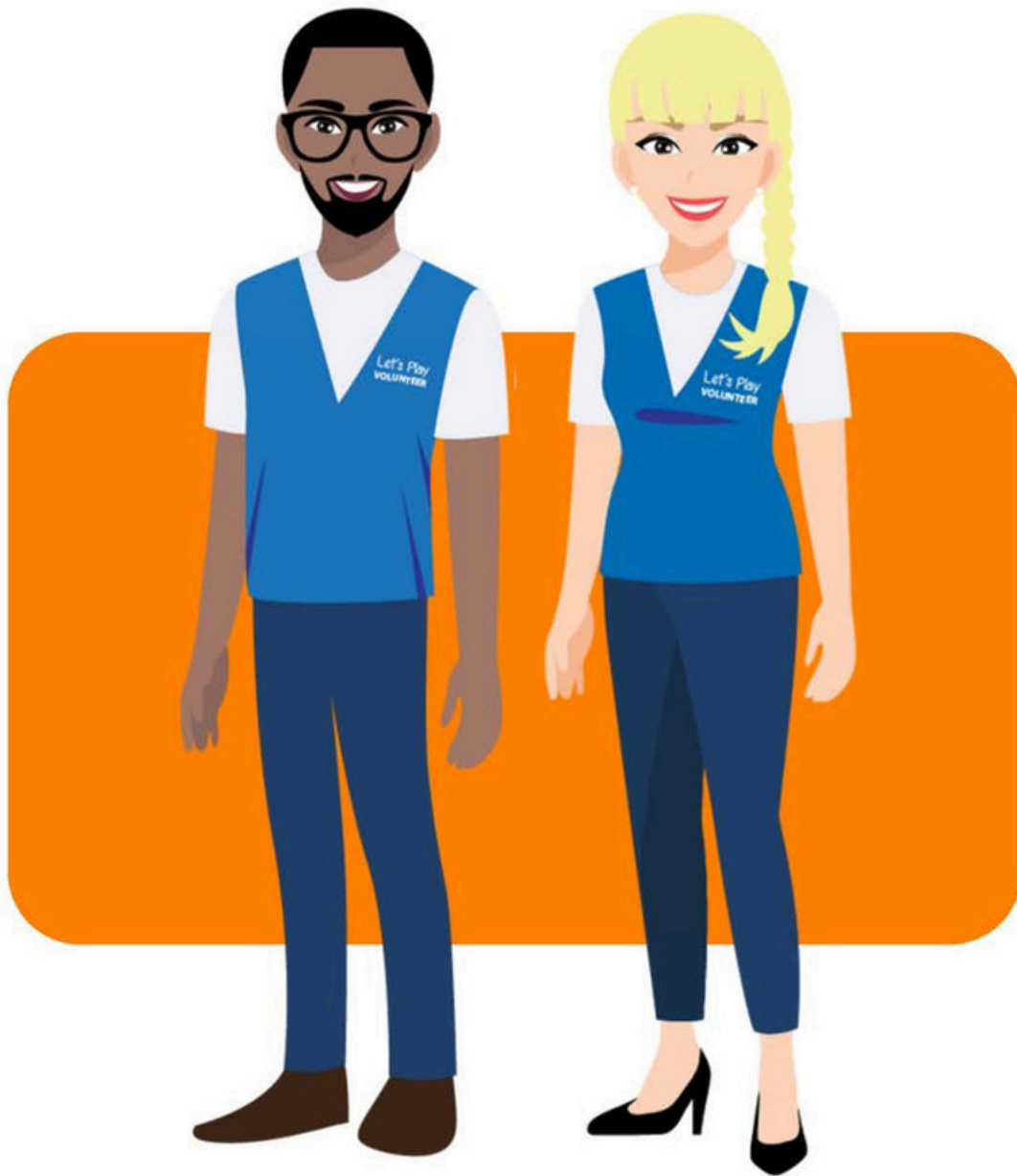
You will check-in
at the front desk.





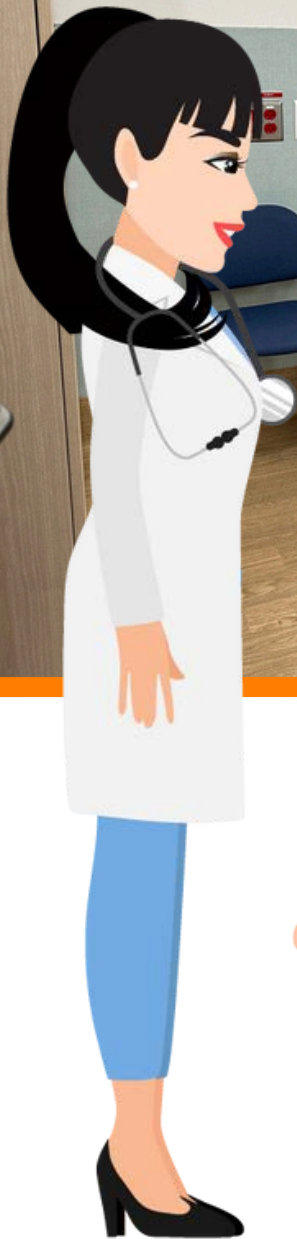
Gathering Space

You will meet the Clinician in the Family Gathering Space. There are lots of fun things to do and look at.



Volunteers

There may also be volunteers there to play with you while you wait.



Clinic Room

The clinic room may look something like this.



Your Adult

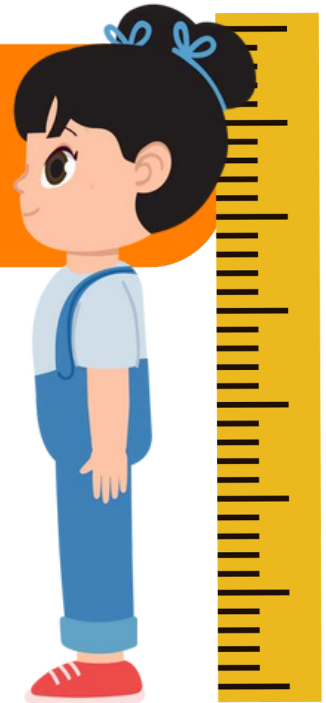
Sometimes your adult stays in the room with you during your assessment. Other times they will wait for you in the Family Gathering Space.

Your adult will be close by if you need them.

During My Assessment

Your clinician might need to check:

How tall you are.



How strong your muscles are.



What your heart sounds like.



Your clinician might do these things with you:

Draw or colour.



Play.



Write.



The clinician might ask you to:



Team Meeting

Sometimes, the clinician will need to talk to your adult without you.



During this time you might play in the Family Gathering Space with the volunteers.



Going Home



When your assessment is finished,
you can go home.



What Happens Next?

The clinician(s) and your family will make a plan so you are supported.



QUESTIONS?

Tell us what you think! Was this book helpful?

PLEASE REACH OUT TO:

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BCCHILDRENS.CA



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Thank you to Sunny Hill patients and families for creating this book.