Social Pediatrics: An Innovative Approach to Fostering Health in the Community

Friday, September 25, 2009

The Coast Plaza Hotel
1763 Comox Street
Vancouver, BC

Program
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Introduction

“Our start in life has a profound impact upon our final health outcomes” (G. Robinson).

The research evidence is clear that children’s health and development are inextricably linked. We also know that children’s health and development is influenced by the relationships they form with others and the social conditions in which they live. Social pediatrics is both a philosophy and an approach for children and families at risk for poor health and compromised development because they are facing multiple forms of adversity. Social pediatrics seeks to build relationships with children and families and the communities in which they live in order to provide access to a range of needed health services.

The Social Pediatrics Initiative (SPI) is a research, practice and community based initiative that provides an example of both ‘evidence informed’ and ‘evidence generating’ approach to practice.

Workshop Summary

This workshop, hosted by Child Health BC, will introduce the Social Pediatrics Initiative (SPI), a community outreach model of practice that began providing health care services for children ‘at-risk’ in Vancouver’s inner city in the fall of 2007.

The purpose of the workshop is to provide an opportunity to introduce and discuss a community-based partnership model of health care delivery with primary health care providers (Nurse Practitioners, General Physicians) that fosters access to specialized child health services. In consultation with workshop participants, we will explore the possibilities of adapting this model in other health care contexts that focus on vulnerable children, youth and families within BC.

The workshop will be of particular interest to clinicians and health service delivery decision makers who are committed to fostering access to health care for children, youth and families ‘at-risk’ because of their social and material circumstances.
Workshop Themes

A. Partnerships, Engagement & Accountability
   Partnership, community engagement and accountability are integral to the ways the initiative has been conceptualized and enacted. We will illustrate the key elements of how our intersectoral partnership enriches and extends the reach of health care providers to enhance the effectiveness of health care.

B. Access, Responsiveness & Continuities in Care
   Research has identified these as central aspects of health care. We will share what we have learned to date about the complexities of access for this population of children and families and the approaches that have been effective in fostering access, continuity and responsiveness to primary and specialty health care services.

C. Interdisciplinary and Intersectoral Health Care Approach
   We will share the opportunities and realities of working in our intersectoral context as we enact the SPI mission which is: “To provide a continuum of care for underserved children/youth, both healthy and ill, in relation to their families, the community, their schools, and the total environment through a ‘social pediatrics’ shared care approach” (Julien, 2004)

Workshop Objectives

I. To describe the experience of one community in extending and enriching health care access; and the capacity of interdisciplinary health providers to respond to social determinants of health.
   a. To introduce a community partnership model of health care that has been designed to foster access and continuities of care for socially vulnerable children/youth and their families.
   b. To present the preliminary research insights on access and responsiveness of the social pediatrics initiative (SPI) that is being undertaken in a community with a disproportionate share of socially and economically determined inequities in health.
   c. Using the SPI example we will describe the approaches taken by the Family Nurse Practitioners in this initiative to build relationships with children, families, schools, health care providers (e.g. Family physicians, pediatricians, and public health) and community based organizations in order to link children with needed resources.

II. To explore the potential for, and challenges of, introducing a social pediatrics approach in other communities in BC by analyzing the elements of this inner-city project that may be at play in other communities who wish to achieve similar goals.
# Workshop Agenda

**Friday, September 25, 2009**

<table>
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<tr>
<th>Time</th>
<th>Activities</th>
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<tbody>
<tr>
<td>8.15 am - 9.00 am</td>
<td>Breakfast</td>
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<tr>
<td>9.00 am - 9.10 am</td>
<td>Introductions and Opening Remarks</td>
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<tr>
<td>9.10 am - 9.25 am</td>
<td>Vulnerabilities of Children in BC: Consequences for their health and development:</td>
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<td>9.25 am - 9.40 am</td>
<td>Family Perspective</td>
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<td>9.40 am - 10.00 am</td>
<td>Overview: Recognizing and Responding to the Challenges of Health Services Delivery for Children and Vulnerable Families, and Introduction to Social Pediatrics Model (RICHES)</td>
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<tr>
<td>10.00 am - 10.30 am</td>
<td>Questions and Discussion</td>
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<td>10.30 am - 10.45 am</td>
<td>Break</td>
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<tr>
<td>10.45 am - 11.05 am</td>
<td>The Vancouver Experience In Health Care Delivery</td>
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<tr>
<td>11.05 am - 11.40 am</td>
<td>The Social Pediatrics Initiative (SPI) in Vancouver’s Inner City</td>
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<tr>
<td>11.40 am - 12.00 pm</td>
<td>Questions and Discussion</td>
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<tr>
<td>12.00 pm - 1.00 pm</td>
<td>Lunch</td>
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<tr>
<td>1.00 pm - 3.00 pm</td>
<td>Case presentation and group discussion. Opportunities to learn from ‘our’ experiences. A series of cases that reflect the range and nature of child and family situations that potentially benefit from the Social Pediatrics approach will be presented for discussion. Facilitated by SPI Team</td>
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<td>3.00 pm - 3.15 pm</td>
<td>Break</td>
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<td>3.15 pm - 4.30 pm</td>
<td>Plenary: Summary of small group sessions</td>
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<td>4.30 pm - 4.45 pm</td>
<td>Conclusion: Workshop Closing Remarks</td>
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<tr>
<td>5.00 pm - 6.30 pm</td>
<td>Reception</td>
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Workshop Presenters

**Carole Brown**  
Coordinator, Ray-Cam Cooperative Centre

Carole Brown is the Coordinator of Ray-Cam Centre which has a long history of Community work and its operations are based on a series of partnership arrangements.

The Centre opened in 1976 and was the result of the collective vision, energy and commitment of local residents, wanting a safe place for their children. The unique nature of this resident-driven facility has resulted in a unique series of partnership arrangements and joint operating agreements including the City of Vancouver, and the Province and the Federal governments via BCHMC. A Community Board (the Ray-Cam Cooperative Association) operates the Centre, and promotes the active involvement of residents/users with a base of over 600 volunteers most residents of the surrounding low income community. These volunteers are an active part of decision making; delivery of the various programs and service such as childcare, recreation, social supports, and specialized responses to community issues. The Center records more than 500,000 user visits per year.

**Fern Jeffries**  
Community Development Consultant, Ray-Cam Cooperative Centre

Ms Jeffries was Chair of the Employment Standards Tribunal from January 2000 to July 2002. During her tenure as Chair of the Tribunal, Ms Jeffries was Vice President of BCCAT and served a term as Chair of the Circle of Chairs.

Prior to her appointment to the Tribunal, she held a number of executive positions in government including, Assistant Deputy Minister of Skills Development, Assistant Deputy Minister of Housing Recreation and Consumer Services, and Executive Director of Policy and Legislation for the Ministry of the Attorney General.

After 25 years in the public service, Ms Jeffries has returned to her previous life in Community and Organizational Development. She has been involved in organizing NEVCO - the Network of East Vancouver Community Organizations.
Interprofessional Workshop Series
Implementing Best Practices

Workshop Presenters

**Christine Loock, MD, FRCPC**
**Associate Professor Developmental Pediatrics, UBC, Pediatrician, Sunny Hill Health Centre for Children**

After earning her degree from SMU, Loock obtained her MD from Harvard in 1981. Dr Loock completed her specialty training in Pediatrics at the University of Washington and UBC.

Dr Loock is a developmental Pediatrician at Children’s and Women’s Health Centre of British Columbia and is a Medical Consultant for the BC provincial government on Fetal Alcohol Syndrome (FAS). Dr. Loock works extensively with children with neurodevelopmental disorders and birth defects including Fetal Alcohol Syndrome (FAS) and other craniofacial conditions. She is a coinvestigator on numerous research studies on FAS and other drug effects on children and young adults. Her credentials as an expert witness on FAS have been accepted in the Provincial and Supreme Courts of British Columbia. She is recognized by her peers as an expert in the field of FAS prevention in Canada and in 2000 was appointed by Ottawa to the Canadian Centre on Substance Abuse Board of Directors and to the National FAS Advisory Committee.

**Judith Lynam, PhD, RN**
**Professor, Advisor & MSN Program Coordinator, University of British Columbia**

Dr Judith Lynam, Professor, received the CRNBC Award of Excellence for Nursing Research. A tireless researcher and practice scholar in the fields of clinical pediatrics, with a special emphasis on adolescent and family health within immigrant and marginalized communities, Dr. Lynam’s studies of inequity and disadvantage within various communities and its particular impact on child health has led to an innovative intersectoral approach known as social pediatrics.

Current Professional Practice & Scholarship: Chair of UBC’s Behavioural Research Ethics Committee; Reviewer for the Canadian Association of Schools of Nursing Accreditation Programme; Reviewer for numerous Nursing and Health Research Journals and Funding Agencies.
Social Pediatrics: A Responsive Interdisciplinary Coordinated Health ‘RICH’ model for timely accessible services for ‘at-risk’ families

Workshop Presenters

**Vivian Nawrocki MN NP (F)**
**Family Nurse Practitioner, Social Pediatrics Initiative, BC Children’s Hospital**

Vivian is a Family Nurse Practitioner who completed her Master’s in Nursing - Nurse Practitioner graduate program at the University of Victoria in 2005. She joined the Social Pediatrics Initiative Team one year ago and works with children/women and their families who live in some of Vancouver’s inner city neighbourhoods providing outreach primary health care services for “hard to reach families” with a special focus on developmentally at risk children and their families.

As a nurse and currently a Nurse Practitioner, Vivian brings over 20 years of clinical experience working in the field of child/youth mental health at BC Children’s Hospital as a staff nurse on the in-patient child psychiatry unit and also as a Clinical Nurse Leader. During her graduate studies Vivian developed a keen interest in working on practice approaches aimed at decreasing the barriers to primary health care access faced by many families. Recognizing and valuing innovative holistic approaches to health care services delivery has provided key directions for her nursing practice.

**Bob Peterson, MD PhD MPH**
**Director, Child Health BC, Clinical Professor of Pediatrics at UBC**

Bob Peterson received a MD degree and a PhD in Pharmacology from Yale University in 1974, having completed the National Institutes of Public Health sponsored Medical Scientist Training Program at that university. He was a resident in pediatrics at the Yale-New Haven Hospital until 1976 at which time he became a postdoctoral fellow in Clinical Pharmacology and Neonatology at the University of Colorado.

Dr Peterson subsequently joined the Department of Pediatrics at the University of Colorado as Assistant Professor, where he was Director of the Section of Pediatric Clinical Pharmacology. In 1983, he joined the Departments of Pediatrics and Pharmacology at the University of Ottawa, Faculty of Medicine as Associate Professor and Medical Director of the Ontario Provincial Poison Information Centre at the Children’s Hospital of Eastern Ontario. In 1987 he became Director of the Children’s Hospital Research Institute. He became Professor of Pediatrics and Pharmacology in 1989, and in 1990, Chairman of the Department of Pediatrics and Pediatrician-in-chief. He has authored numerous papers/chapters in pediatric clinical pharmacology/toxicology.

Dr Peterson completed a Master’s of Public Health in the Department of Health Policy and Health Care Management at Harvard University School of Public Health in 1996. He joined the Therapeutic Products Program, Health Canada as Associate Director General in January 1999 and in July 2000, became the Director General of the Therapeutic Products Directorate. He left this post in March, 2005 to become Clinical Professor of Pediatrics at UBC and Director of Child Health BC.
Workshop Presenters

**JOANNE SCHROEDER**  
**COMMUNITY DEVELOPMENT MANAGER, HUMAN EARLY LEARNING PARTNERSHIP (HELP)**

Joanne Schroeder studied social work at the University of British Columbia. After working for many years in the child welfare system, she has more recently, focused her work in the areas of community development and strategic planning. She specializes in helping communities create environments that nurture young children and their families.

She currently divides her time between two roles: National Fellow with the Council for Early Child Development, building local leadership for children throughout Canada; and Community Development Manager at the Human Early Learning Partnership, playing a lead role in translating Early Child Development research to communities.

Previously she was the Provincial Advisor to Children First, a community capacity building initiative in 45 communities in BC.

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** Lorine Scott, MN, NP (F)  
** FAMILY NURSE PRACTITIONER, SOCIAL PEDIATRICS INITIATIVE, BC CHILDREN’S HOSPITAL**

Lorine is a Family Nurse Practitioner completing her Master’s in Nursing - Nurse Practitioner graduate program at the University of Victoria in 2005. In her current role with PHSA, she works with children/women and their families who live in some of Vancouver’s inner city neighbourhoods providing outreach primary health care services for “hard to reach families” with a special focus on developmentally at risk children and their families.

As a nurse, and currently a Nurse Practitioner, Lorine has a 30 year history at BC Children’s Hospital, including roles in direct patient care and administration in both in-patient and Ambulatory care settings. Recognizing and valuing the family’s experience of health and health care services delivery has provided key insights valuable for her nursing practice. Providing coordinated multi and inter-disciplinary services that meet the needs of the child/family’s experience of health has been a key in all her practice roles including the role of Nurse Manager, BCCH Ambulatory Care Services, her 15 years as the Coordinator of the BCCH Cleft Palate/Craniofacial Program and in her current role as the primary care lead with the Social Pediatrics Initiative.
Social Pediatrics: A Responsive Interdisciplinary Coordinated Health ‘RICH’ model for timely accessible services for ‘at-risk’ families

**Workshop Details**

**CHILD HEALTH BC**

**Building Capacity For Infant, Child and Youth Health Services**

Child Health BC is a network of the province’s five geographic health authorities, the Provincial Health Services Authority, Ministry of Health Services, Ministry of Children and Family Development, Ministry of Healthy Living and Sport, Ministry of Education, health professionals and care facilities dedicated to excellence in the care of infants, children and youth in British Columbia. A collaborative approach to child health ensures a quality of care beyond what any one agency can provide alone.

Child Health BC is working to ensure children receive the right service at the right time, in the right place, by the right provider.

Through cooperative partnerships; regional subspecialty programs; education and dissemination; research; monitoring quality and performance; and developing standards, protocols and guidelines, Child Health BC is creating an integrated, standardized and accessible system of care available to all children in British Columbia.

**FRIDAY, SEPTEMBER 25, 2009**

Registration will begin at 8:15 outside of the workshop room. A continental breakfast with coffee and tea will be available.

Lunch will be served in the Barclay/Gilford Room.

The evening reception will take place in the ‘English Bay to City View’ Room.

Guests may purchase their own alcoholic drinks at the restaurant bar.
Hotel Details

PARKING

Please inform the Parking Attendant that you are attending the Social Pediatrics Workshop, and the Parking Attendant will notify the front desk. This will allow you to park in the hotel parking.

CHECKING IN

Your hotel room has been booked by Child Health BC, all you will need is ID.

CHECK OUT TIME

Please be aware that check out time is 12:00 pm. If requested, Coast Plaza Hotel may be able to extend your check out time to 12:30 pm. If you would like to extend your check out time please speak to hotel staff when you check in.

EXPENSES

Reasonable travel expenses to participate in the workshop can be reimbursed. Please use the attached Expense form and send it along with your original receipts to Child Health BC.
Social Pediatrics: A Responsive Interdisciplinary Coordinated Health ‘RICH’ model for timely accessible services for ‘at-risk’ families

Coast Plaza Hotel

The Coast Plaza Hotel is located on the northwest corner of Denman and Comox, in Vancouver’s West End, within easy walking distance of English Bay and Stanley Park’s Lost Lagoon.

WEBSITE: www.coasthotels.com/hotels/canada/bc/vancouver/coast_plaza/overview
TELEPHONE: 1-800-716-6199 or (604)688-5934
ADDRESS: 1763 Comox Street, Vancouver, BC
# EXPENSE CLAIM FORM

## Social Pediatrics Workshop
Friday, September 25, 2009

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<tr>
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| Mileage (put # km):        | $          |
| Airfare                    | $          |
| Taxi:                      | $          |
| Meal Per Diem for Thursday | $          |
| Other:                     | $          |
| Session: (max 2 sessions)  | $462.41 x 2 = 924.82 | $ |

**Total:** $ $

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*Please send form with your original receipts to: Garnett Bucknor, Child Health BC Room 2H2 - 4480 Oak Street, Vancouver, BC V6H 3V4 Tel: 604 875 2345 ext. 5305*
With Special Thanks to our Lead Benefactor

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