



Where to Rent Breast Pumps in British Columbia

Rental Electric Breast Pumps

We suggest that you rent an electric breast pump like the one in the hospital if your baby is not breastfeeding well. Although the rental of a pump costs more than a hand pump, it is one of the best ways to bring in your milk and keep up your milk supply.

**BC Children's & Women's Hospitals now have a Breast Pump Rental Station.
Ask your nurse or call 604-875-3020 for information.**

There are many rental stations throughout British Columbia. Further information on pump rental stations is available from:

- ▶ Ameda-Egnell: Mother's Choice Products 1-800-604-6225
www.motherschoiceproducts.com
- ▶ Medela: 1-800-835-5968 – customer service press 3
- ▶ Your local health unit is also a good source of information

Other Electric Breast Pumps

Mothers anticipating long term pumping (perhaps for a very premature baby) may find it cheaper to buy an effective electric pump. These range in price from \$100- 300. Cheaper electric pumps do not work well enough to establish milk production.

Hand Expression

Ask your primary nurse to help you learn to do hand expression. There is a handout call "Breast Massage & Expression of Colostrum / Breast Milk" available if you wish further information.

Not Recommended

- ▶ Inexpensive electric breast pumps – most do not work well enough to establish milk production.
- ▶ Pumps made by companies that sell baby foods. Most mothers find they do not work well.

Ask your primary nurse or call the C&W Lactation Service at 604-875-2282 for further information

BC Children's & Women's does not endorse any particular brand of pump or any particular supplier. This information is offered as a public service.