

Tongue Tie Release

Ear, Nose, and Throat Clinic

4480 Oak Street, Vancouver, BC V6H 3V4

604-875-2113 1-888-300-3088

www.bcchildrens.ca

What to expect after surgery

Pain

- Your child may have some mild pain for a day or so where the cut was made. Tylenol (acetaminophen) and Advil (Ibuprofen) should help. Follow the directions on the bottle.

Diet

- Your child may want only liquids or soft foods right after the surgery. They can eat as usual when they feel ready.



Call the ENT Clinic Nurse or Seek Medical Attention if:

- Your child has a fever of 38.5°C or higher that lasts for more than 24 hours, starting 2 or more days after surgery
- Your child's pain does not get better with pain medicine.
- Your child has bleeding in the mouth.
- Your child vomits more than 24 hours after their surgery.
- You have other worries about your child.



Follow up

- Your child should return to the clinic for a follow-up visit 4 weeks after their surgery.
- After your child's surgery, call your doctor's office to schedule this visit.



Contact information

- ENT office:
604-875-2113
- ENT clinic nurse:
604-875-2345 ext. 7053
Monday to Fridays, except holidays
8:30am-4:30pm