

Otoplasty

Ear, Nose, and Throat Clinic

4480 Oak Street, Vancouver, BC V6H 3V4
604-875-2113 1-888-300-3088
www.bcchildrens.ca

How to prepare for surgery

- Your child will need a soft headband that can cover both ears, like a sports headband. Wash your child's hair the day before surgery.

What to expect after surgery

Pain

- Your child may have mild pain after surgery. This usually lasts a couple of days.
- To help with pain, you can give your child Tylenol (Acetaminophen), Advil (Ibuprofen), or both every 4-6 hours for the first 2 days, then as needed. Follow the directions on the bottle.

Wound care

- Your child will have a bandage around their head for 7-10 days after surgery. Do not change the bandage. It will be removed at your child's follow up visit.
- Your child must keep their head clean and dry. Do not wash your child's hair until they are seen by the doctor.
- Your child must not touch their ears.
- If your child wears glasses, do not put the arms of the frames around the ears. They can sit over the bandage, if needed.
- After the bandage is removed, your child will wear a soft headband around their ears while

they sleep. They will use this headband for 6 weeks.

Activity

- Your child will need to stay home from school or daycare until they see their doctor.
- Your child should avoid swimming and sports for about 4-6 weeks after surgery. Check with your child's doctor at the follow-up visit.



Call the ENT Clinic Nurse or Seek Medical Attention if:

- Your child has a fever of 38.5°C or higher that lasts for more than 24 hours, starting 2 or more days after surgery
- Your child's pain does not get better with pain medicine.
- Your child's bandage falls off before their follow up visit.
- There is bleeding or oozing soaking through the bandage.
- There is redness, oozing, bleeding around the ears after the bandage comes off.
- Your child throws up more than 24 hours after their surgery.
- You have other worries about your child.

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Follow up

- Your child should return to the clinic for a follow-up visit 7-10 days after their surgery.
- Your child should see their doctor again 8 weeks after the bandage is removed.
- After your child's surgery, call your doctor's office to schedule these visits.



Contact information

- ENT office:
604-875-2113
- ENT clinic nurse:
604-875-2345 ext. 7053
Monday to Fridays, except holidays
8:30am-4:30pm