

Laryngoscopy and/or Bronchoscopy

Ear, Nose & Throat Clinic

4480 Oak Street, Vancouver, BC V6H 3V4
604-875-2113 1-888-300-3088
www.bcchildrens.ca

What to expect after your child's procedure

Possible hospital stay

- After the procedure, the healthcare team will observe your child. They may decide that your child is ready to go home about 2 hours of monitoring after the procedure.
- Or, they may need your child to stay overnight at the hospital. Please prepare for an overnight stay in case this happens.

Pain

- Your child may have a sore throat or mild pain. This usually lasts for a few days.
- To help with pain, you can give your child Tylenol (Acetaminophen), Advil (Ibuprofen), or both as needed. Follow the directions on the bottle.

Diet

- Ensure your child is alert and able to safely swallow before you give them fluids and food.
- Some children feel sick to their stomach after the anesthetic from the procedure. If your child vomits, give them sips of water or a popsicle. Once your child feels ready, they can start their regular diet. If your child has a sore throat, they may prefer softer food for the first day.

Activity

- The day after the procedure, your child can return to normal activities if they feel ready.
- Encourage your child to speak in a normal voice. They should not whisper or yell. Your child's voice may sound more hoarse than usual after the procedure. This is normal and may last for a few days. Your surgeon may recommend a period of voice rest. They will explain this in detail.



Go to your closest emergency room if

- Your child has trouble breathing
- Your child's skin changes colour and looks blue or purple, especially on their face or lips
- Your child develops new noisy breathing



Call your ENT Clinic Nurse or Seek Medical Attention if:

- Your child has a fever of 38.5°C or higher that lasts for more than 24 hours, starting 2 or more days after the procedure

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- Your child has trouble breathing or swallowing, or has new noisy breathing
- Your child coughs up large blood clots
- Your child's pain does not improve with pain medicine.
- You have other worries about your child.



Follow up

- Your child's doctor will tell you when to schedule follow-up visits
- After your child's procedure, call your ENT doctor's office to schedule this visit



Contact information

- ENT office:
604-875-2113
- ENT clinic nurse:
604-875-2345 ext. 7053
Monday to Fridays, except holidays
8:30am-4:30pm