

Innocent Heart Murmur

Aka Flow or Stills Murmur



Children's Heart Centre
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What is it?

An *innocent* or *functional* murmur is a term used to describe a common sound in a normal heart.

It is simply a sound vibration - like the bass sound on loud music. 100% of children have these sounds at one time or another.

Is there anything wrong?

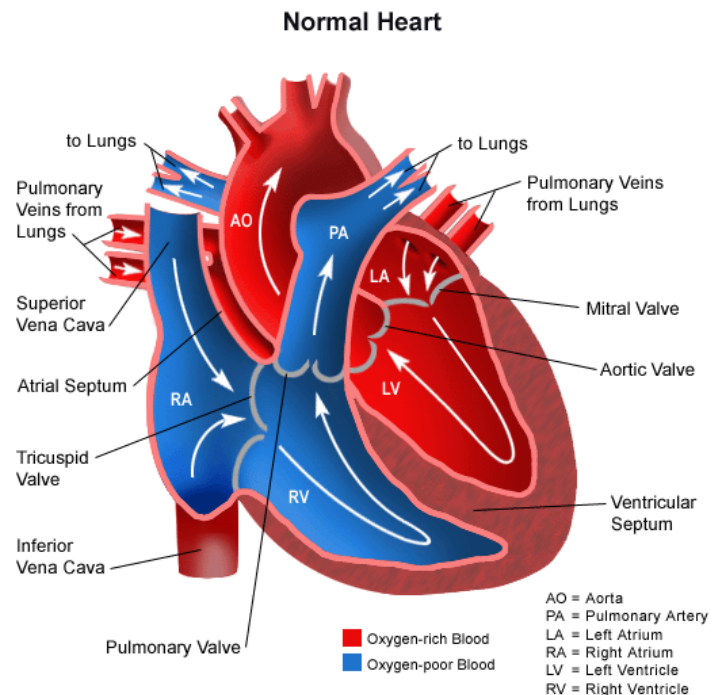
No. There is nothing wrong, nothing to fix and nothing to worry about. The heart is completely normal and functions well.

Will the murmur sound ever disappear?

Sometimes this murmur can be heard, other times it cannot. It is more likely to be heard when a child has a fever and the heart is beating more quickly. As children grow it is more difficult to hear the sound through the chest.

Do I need to do anything special?

No. You do not need to report it on school forms. You do not need to write it on insurance forms. You do not need to tell the dentist. You do not need any special testing. You do not need special medicine. You do not need to see a doctor about this again. Your child's heart is normal.



Stanford Children's Health