

Nadolol



The Heart Centre

4480 Oak Street, Vancouver, BC V6H 3V4
604-875-2120 • 1-888-300-3088
Emergency call: 604-875-2161
(ask for Cardiologist on call)
www.bcchildrens.ca

What is Nadolol (Apo-Nadol®, Corgard®)?

Nadolol (NAY-doe-lol) is a medication that may be used to control or prevent abnormal heart rhythms such as those that happen in Long QT syndrome or CPVT. It belongs to a class of medications called beta blockers.

Nadolol comes in tablet and liquid (suspension) form.

How do I give this medicine?

- ▶ Shake well if liquid form
- ▶ Give ___ mL or ___ tablet(s) (= _____mg) _____ times a day by mouth/NG or GT
- ▶ Give with or after food or after a feeding to lessen the risk of low blood sugar

How is this medication stored?

- ▶ Store liquid in fridge
- ▶ Keep tablets at room temperature away from sunlight
- ▶ Keep tablets away from moist and damp places
- ▶ Keep medication out of the reach of small children

What should I do if a dose is missed?

- ▶ Give the missed dose as soon as you remember. If it is close to the time for the next dose, skip the missed dose-give the next dose at the normal time.
- ▶ Do **not** double up the dose.
- ▶ If your child vomits within 30 minutes after a dose - give a new dose. If longer than 30 minutes then wait until next normal medication time.

Possible common side effects:

- Dizziness or lightheaded due to low blood pressure
- Cold hands and feet
- Upset stomach, nausea, diarrhea (loose watery stool)
- Problems sleeping or bad dreams, fatigue (tired) or changes in mood

Call cardiologist, cardiology clinic or seek care if your child has any of the following:

- ▶ Any new symptoms that seem different from your usual heart symptoms
- ▶ Poor feeding or lethargy (tiredness) (consider low blood sugar)



Call 911 if any new onset shortness of breath or wheezing or any swelling of lips, face or tongue.

Other notes or special instructions:

- If the child has taken or been given an extra dose and you are worried call Healthlink BC at 811
- If your child accidentally has taken or been given an overdose call:



BC Drug and Poison Centre:
1-800-567-8911 • 604 -682-5050

- ▶ If your child has Long QT or CPVT, it is important not to miss any doses or stop the medication suddenly.
- ▶ This medication can lower blood pressure. Ask your child to get out of bed or stand up slowly.
- ▶ Check with your doctor or pharmacist before starting any new medications, over the counter medications, or herbal products.
- ▶ Nadolol liquid must be made by a specialized pharmacy. Make sure your pharmacy is able to make nadolol for your child.
- ▶ Check the expiry date of the liquid.

Developed by the Departments of Pharmacy and Cardiology with assistance from the Department of Learning & Development.

References: upon request • Last updated: Apr.22.2016

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