

Bosentan



The Heart Centre

4480 Oak Street, Vancouver, BC V6H 3V4
604-875-2120 • 1-888-300-3088
Emergency call: 604-875-2161
(ask for Cardiologist on call)
www.bcchildrens.ca

What is Bosentan (Tracleer)?

Bosentan (boe-SEN-tan) is a medication that may be used to lower the blood pressure in the blood vessels carrying blood to the lungs. The most common use is pulmonary hypertension.

It comes only in tablet form.

How do I give this medicine?

- ▶ Give ___ tablet(s) (= ____mg) ___ times a day by mouth or crushed by NG or GT
- ▶ May be given with or without food

How is this medication stored?

- ▶ Tablets should be kept at room temperature away from sunlight
- ▶ Keep it away from moist and damp places
- ▶ Keep medication out of the reach of small children

What should I do if a dose is missed?

- ▶ Give the missed dose as soon as you remember. If it is close to the time for the next dose, skip the missed dose and give the next dose at the normal time.
- ▶ Do **not** double up the dose.
- ▶ If your child vomits within 15 minutes after a dose - give a new dose. If longer than 15 minutes then wait until next normal medication time.

Possible common side effects:

- Dizziness or lightheaded due to low blood pressure
- Vomiting, upset stomach and/or abdominal pain
- Flushing
- Pain in feet, ankles or joints.
- Headache

Call cardiologist, cardiology clinic or seek care if your child has any of the following:

- ▶ Any new symptoms that seem different from your usual heart symptoms
- ▶ Signs of liver problems such as feeling tired or weak, dark urine, vomiting, yellow skin or eyes
- ▶ Shortness of breath more than usual

Other notes or special instructions:

- If the child has taken or been given an extra dose and you are worried call Healthlink BC at 811
- If your child accidentally has taken or been given an overdose call:



BC Drug and Poison Centre:
1-800-567-8911 • 604 -682-5050

- ▶ Your doctor may start at a lower dose then increase slowly to maximal dose. Full effect may take up to several months.
- ▶ Your doctor will order routine bloodwork to check liver function while on this medication.
- ▶ This medication can lower blood pressure. Ask your child to get out of bed or stand up slowly.
- ▶ Don't give with grapefruit juice. This can lead to greater effect of the medication.
- ▶ If you are pregnant don't touch the tablets. Use gloves and try not to breathe in the tablet dust. Wear mask if possible.
- ▶ Check with your doctor or pharmacist before starting any new medications, over the counter medication (including other heart medications, antibiotics), or herbal products.