

# Bisoprolol



## The Heart Centre

4480 Oak Street, Vancouver, BC V6H 3V4  
604-875-2120 • 1-888-300-3088  
Emergency call: 604-875-2161  
(ask for Cardiologist on call)  
[www.bcchildrens.ca](http://www.bcchildrens.ca)

## What is bisoprolol (Apo-Bisoprolol, Novo-Bisoprolol)?

Bisoprolol (bis-OH-proe-lol) is a medication that may be used to treat heart failure, high blood pressure or control or prevent abnormal heart rhythms. It belongs to a class of medications called beta blockers.

It comes in tablet and liquid (suspension) form.

## How do I give this medicine?

- ▶ Shake well if liquid form
- ▶ Give \_\_\_ mL or \_\_\_ tablet(s) (= \_\_\_mg) \_\_\_ times a day by mouth/NG or GT
- ▶ Give with or after food or a feeding to lessen the risk of low blood sugar

## How is this medication stored?

- ▶ Store liquid in fridge
- ▶ Tablets should be stored at room temperature away from moist or damp places
- ▶ Keep medication out of the reach of small children

## What should I do if a dose is missed?

- ▶ Give the missed dose as soon as you remember. If it is close to the time for the next dose, skip the missed dose and give the next dose at the normal time.
- ▶ Do **not** double up the dose.
- ▶ If your child vomits within 15 minutes after a dose - give a new dose. If longer than 15 minutes then wait until next normal medication time.

## Possible common side effects:

- Dizziness or lightheaded due to low blood pressure
- Nausea, upset stomach
- Headache or tiredness

## Call cardiologist, cardiology clinic or seek care if your child has any of the following:

- ▶ Skin rash
- ▶ Any new symptoms that seem different from your usual heart symptoms
- ▶ Poor feeding
- ▶ Lack of energy/feeling tired (consider low blood sugar)



**Call 911** if any new difficulty breathing, or shortness of breath.

## Other notes or special instructions:

- If the child has taken or been given an extra dose and you are worried call Healthlink BC at 811
- If your child accidentally has taken or been given an overdose call:



**BC Drug and Poison Centre:**  
**1-800-567-8911 • 604 -682-5050**

- ▶ Your doctor may start bisoprolol at a lower dose then increase slowly.
- ▶ It is important not to stop taking bisoprolol suddenly.
- ▶ This medication can lower blood pressure. Ask your child to get out of bed or stand up slowly.
- ▶ Check with your doctor or pharmacist before starting any new medication, over the counter medication or herbal product.
- ▶ Bisoprolol liquid must be made by a specialized pharmacy. Make sure your pharmacy is able to make bisoprolol for your child.
- ▶ Check the expiry date of the liquid.