

# Amlodipine



## The Heart Centre

4480 Oak Street, Vancouver, BC V6H 3V4  
604-875-2120 • 1-888-300-3088  
Emergency call: 604-875-2161

(ask for Cardiologist on call)

[www.bcchildrens.ca](http://www.bcchildrens.ca)

## What is amlodipine (Norvasc, Apo-Amlodipine)?

Amlodipine (am-LOE-di-peen) is a medication that may be used to treat high blood pressure. It belongs to a class of medications called calcium channel blockers.

It comes in tablet and liquid (suspension) form.

## How do I give this medicine?

- ▶ Shake well if in liquid form.
- ▶ Give \_\_\_ mL or \_\_\_ tablet(s) (= \_\_\_\_\_mg) by mouth/NG/GT \_\_\_ times a day.
- ▶ May be given with or without food.

## How is this medication stored?

- ▶ Store liquid in fridge
- ▶ Tablets should be stored at room temperature away from moist or damp places
- ▶ Keep medication out of the reach of small children

## What should I do if a dose is missed?

- ▶ Give the missed dose as soon as you remember. If it is close to the time for the next dose, skip the missed dose and give the next dose at the normal time.
- ▶ Do **not** double up the dose.
- ▶ If your child vomits within 30 minutes after a dose - give a new dose. If longer than 30 minutes then wait until next normal medication time.

## Possible common side effects:

- Dizziness due to low blood pressure.
- Headache
- Flushing
- Fatigue or drowsiness
- Upset stomach

## Call cardiologist, cardiology clinic or seek care if your child has any of the following:

- ▶ Skin rash
- ▶ Swelling of feet or ankles



**Call 911** if your child has any sudden swelling of the mouth or tongue.

## Other notes or special instructions:

- If the child has taken or been given an extra dose and you are worried call Healthlink BC at 811
- If your child accidentally has taken or been given an overdose call :



**BC Drug and Poison Centre :**

**1-800-567-8911 • 604 -682-5050**

- ▶ Ask your child to get out of bed or stand up slowly if they are dizzy or lightheaded.
- ▶ Don't give with grapefruit juice. This can lead to a greater effect of the medication.
- ▶ Check with your doctor or pharmacist before starting any new medication, over the counter medication or herbal product.
- ▶ Amlodipine liquid must be made in a specialized pharmacy. Check that your pharmacy is able to make amlodipine for your child.
- ▶ Check expiry date of liquid.

Developed by the Departments of Pharmacy and Cardiology with assistance from the Department of Learning & Development.

References: upon request • Last updated: Apr.22.2016