



# AUTOINJECTOR INSTRUCTIONS

## USE PRESCRIBED DEVICE FOR SEVERE ALLERGIC REACTIONS

- Severe hives all over body
- Swelling of throat or tongue
- Difficulty swallowing
- Difficulty breathing
- Dizziness or fainting
- If in doubt, use autoinjector

## CALL 911 or SEEK MEDICAL HELP AFTER USE.

If autoinjector is used, the patient must **ALWAYS** go to the nearest emergency room.

### Proper dosing for the following devices:

- 0.15 mg (Junior) if child less than 20 kg in weight
- 0.3 mg (Regular) if over 20-25 kg

Switch at 20 kg especially important if child has **asthma, or a past history of anaphylaxis.**

1. Protect from light
2. Keep at room temperature. Do not refrigerate.

Avoid heat.

3. Expires after 1 year.

Check expiry date when buying. Then enter expiry date on smart phone or calendar.

### ***When antihistamines don't measure up.***

Antihistamines can help to stop itch and clear up a few hives. But in food allergy, that's the end of their purpose. They can't do anything to stop or prevent a severe, potentially life-threatening allergic reaction. The auto-injector is the device and the drug for the serious symptoms.

"Epinephrine opens up the airways, makes the heart beat stronger, supports the blood pressure and makes the blood vessels carry blood more effectively," says Sicherer.

See *Allergic Living*, Fall 2014

# INSTRUCTIONS

**EPIPEN**  
epipen.ca

1. Pull off the **BLUE** safety cap.



2. Push **ORANGE** tip firmly into outer thigh until you hear a click.

3. Hold on thigh for several seconds.



When epipen is removed the orange needle cover automatically extends to cover the used needle.

**PHONE 911 AFTER USE or SEEK MEDICAL HELP RIGHT AWAY.**

*Developed by the Allergy Clinic with assistance from the Department of Learning & Development*

BCCH1575 © 2016 BC Children's Hospital

## Allergy Clinic

Room 1C31B, 4480 Oak Street  
Vancouver, BC V6H 3V4

604-875-2118 • 1-888-300-3088

[www.bcchildrens.ca](http://www.bcchildrens.ca)