

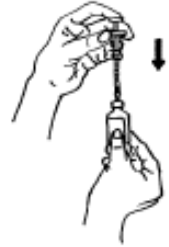
Tips on Using a Needle and Syringe

1. Wash your hands with soap and water for at least 15 seconds, rubbing all surfaces briskly, or use an alcohol hand sanitizer.
2. Gather supplies:
 - alcohol wipes
 - cotton ball (if desired)
 - vial of medicine
 - ___ ml syringe with a ___ inch needle
 - sharps container for needles, such as:
 - a special container for this purpose
 - coffee can with cover
 - plastic detergent bottle with lid
3. Check the date on the vial to make sure the medicine has not expired. If the medicine has changed color, or contains flakes or lumps, discard it and use a new vial.
4. If the vial is cold, warm it by holding it in your hand, or letting it stand at room temperature for 1 hour. If the medicine must be mixed, roll the vial in your hands. Do not shake it.

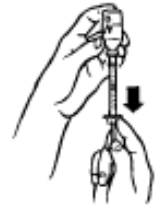


5. The first time you use a vial, snap off the plastic cover. Do not remove the stopper.
6. Scrub the stopper with an alcohol wipe and let it dry.
7. Draw air into the syringe by pulling the plunger back to the line that marks the dose you need to give.

8. Carefully remove the needle cover. Do not touch the needle. Put the needle through the stopper and push the air into the vial.



9. Turn the vial upside down. Pull the needle down so only the tip pokes through the stopper. This will allow you to withdraw the medicine without getting air.



10. Pull back on the plunger and let the medicine flow into the syringe until it reaches the amount to be given.
11. Check the syringe for air bubbles. The air is harmless, but too large an air bubble will reduce the dose. To remove air bubbles gently push the solution back into the vial and measure the dose again or tap the syringe to make the bubble go to the top. Squirt the bubble into the vial. Measure the dose again.
12. Remove the needle from the vial. If you must lay the syringe down, carefully replace the needle cover first. Do not allow the needle to touch anything.

