The Preadmission Clinic is an outpatient clinic which prepares children for surgery. A visit to the clinic shortens your child’s stay in hospital and allows efficient use of hospital beds.

Shortly after the doctor books your child for surgery, a unit coordinator from the clinic will call you. This person will set up an appointment for your child at the Preadmission Clinic. The clinic visit is normally scheduled for two to fourteen days before surgery.

If you are from out of town, your clinic visit will be scheduled for the closest weekday before the surgery. The clinic does not schedule appointments on Tuesdays and Fridays.

Fill in your clinic date here when the nurse calls you:

Date: __________________________
Time: __________________________

You should receive “Family Issues”, the newsletter about BC’s Children’s Hospital, when you come to the clinic. Call the Family Resource Library at 604-875-2345, local 7644, if you do not receive a copy.

The Clinic Visit

The clinic visit will take from 1 to 3 hours depending on the type of preparation required. You may want to bring a snack and something to keep yourself and your child occupied. The clinic is in a very small area. There are no childminding facilities. Please arrange childcare at home for your other children.

Where Is the Clinic

Go to the second floor of the Ambulatory Care Building. The Preadmission Clinic is the room under the big sign with the number 9 on it.

A parent or legal guardian must come with the child.

On-site pay parking is available.

Please bring:

• immunization record
• list of medications your child takes
• your child’s BC Health Care Card

What Will Happen At The Clinic?

Your child’s weight, height, blood pressure, pulse, etc. will be recorded. The nurse will ask questions concerning your child’s health. The anesthetist will examine your child and explain the anesthetic to you.

If your child needs to see any other health care professionals, we will arrange for this to happen on the day of the clinic visit. If the doctor has ordered any tests such as x-rays or blood tests, these will be done.

At the clinic you will be given information about the hospital admission and how to prepare and reassure your child.

Before you leave the clinic you must sign a surgical consent. (You may have already have done this in the doctor’s office.) An informed consent is a legal document which states that:

• the procedure has been explained to you and that you understand: the reason for the procedure
• what will be done
• the risks and benefits for your child.

When you sign, you give consent for the procedure to be done. Only a parent or legal guardian can give consent.

Places to stay if you are from out of town:

Please arrange your own accommodation. The following places are reasonable and close to the hospital. Please reserve early.

Heather House,
4500 Oak Street
604-875-2298
This hostel is on the hospital grounds. $35/night adult/family (single or double) $5 extra for cots or cribs. There is a common kitchen.

Easter Seal House,
3981 Oak Street
604-736-3475
This hostel is in walking distance from the hospital. $15/night per adult, $7/night per child. No charge for patients in treatment.
Ronald McDonald House,
4116 Angus Drive
604-736-2957
This facility is available only to families with a child who has a very serious medical condition – priority given to children with cancer and bone marrow transplants. $12/night per family. Shared kitchen and laundry facilities, computer access and playroom.

The closest hotel is the Sheraton Plaza
W. 12th Ave. and Cambie Street
604-873-1811
A discount is offered to families of children who are patients at the hospital.

Social Work Department keeps a list of accommodations in the area (including private homes and bed and breakfast rooms/suites). Prices vary.
604-875-2149

If You Have Any Questions
Call the Preadmission Clinic
Monday to Friday: 0900-1800
604-875-3447

Developed by the health care professionals of the Preadmission Clinic with assistance from the Department of Learning & Development

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