

The Preadmission Clinic



Preadmission Clinic

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The Preadmission Clinic is an outpatient clinic which prepares children for surgery. A visit to the clinic shortens your child's stay in the hospital.

Shortly after the doctor books your child for surgery, a unit coordinator from the clinic will call you. This person will set up an appointment for your child at the Preadmission Clinic. The clinic visit is normally scheduled for two to fourteen days before surgery.

If you are from out of town, your clinic visit will be scheduled for the closest weekday before your child's surgery. The clinic does not schedule appointments on Tuesdays and Fridays.

Fill in your clinic date here when the unit coordinator calls you:

Date: _____

Time: _____

The Clinic Visit

The clinic visit will take from 1 to 3 hours depending on the type of preparation required. You may bring a snack and something to keep yourself and your child occupied. The clinic is in a very small area. There are no childcare facilities. Please arrange childcare at home for your other children.

Where Is the Clinic?

Go to the 1st floor of BC Children's Hospital, Room 1D12.

A parent or legal guardian must come with your child.

On-site pay parking is available.

Please bring:

- your child's immunization record
- a list of medications your child takes
- your child's BC Health Care Card

What Will Happen at the Clinic?

Your child's weight, height, blood pressure and pulse will be recorded. The nurse will ask questions about your child's health. The anesthetist will examine your child and explain the anesthetic to you.

If your child needs to see any other health care professionals, we will arrange for this to happen on the day of the clinic visit. If the doctor has ordered any tests such as x-rays or blood tests, these will be done.

At the clinic you will be given information about the hospital admission and how to prepare and reassure your child.

Before you leave the clinic you must sign an informed surgical consent. You may have already done this in the doctor's office. An informed surgical consent is a legal document which states that:

- the procedure has been explained to you and that you understand: the reason for the procedure
- what will be done
- the risks and benefits for your child.

When you sign, you give consent for the procedure to be done. Only a parent or legal guardian can give consent.

