

TRANSGENDER RESOURCE LIST

from the Family Support & Resource Centre

Updated July 2014



This is a list of **selected books and DVDs** available from the Family Support & Resource Centre (**FSRC**). For a complete listing and the latest, search & request materials from our online catalogue: www.bcchildrens.ca/fsrc



Don't find what you're looking for? Email us to make a purchasing suggestion: fsrc@cw.bc.ca

Anyone in BC is welcome to borrow (patients, families, staff, & friends). We mail books for free across BC, including return postage. **If you are staying at the Hospital but are unable to come to the Centre, we will be happy to deliver resources during our working hours.**

The Family Support & Resource Centre
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Open Mon-Fri, 10 am – 4 pm

www.bcchildrens.ca/fsrc

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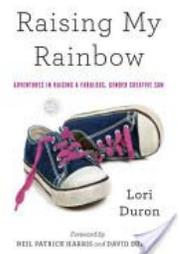
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BOOKS FOR PARENTS

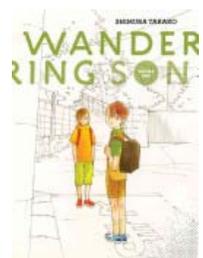
[Raising my rainbow](#) / Duron, Lori; Harris, Neil Patrick (foreword); Burtka, David (foreword) -- New York, NY: Broadway Books, 2013. (Book) - GA 600 DUR 2013

Raising My Rainbow is Lori Duron's frank, heartfelt, and brutally funny account of her and her family's adventures of distress and happiness raising a gender-creative son. Whereas her older son, Chase, is a Lego-loving, sports-playing boy's boy, her younger son, C.J., would much rather twirl around in a pink sparkly tutu, with a Disney Princess in each hand while singing Lady Gaga's "Paparazzi." C.J. is gender variant or gender nonconforming, whichever you prefer. Whatever the term, Lori has a boy who likes girl stuff—really likes girl stuff. He floats on the gender-variation spectrum from super-macho-masculine on the left all the way to super-girly-feminine on the right. He's not all pink and not all blue. He's a muddled mess or a rainbow creation. Lori and her family choose to see the rainbow. Written in Lori's uniquely witty and warm voice and launched by her incredibly popular blog of the same name, Raising My Rainbow is the unforgettable story of her wonderful family as they navigate the often challenging but never dull privilege of raising a slightly effeminate, possibly gay, totally fabulous son.



[Wandering son: Volume one](#) / Takako, Shimura – Canada: Fantagraphics Book, 2012. (Book) - GA 600 TAK 2012

The fifth grade. The threshold to puberty, and the beginning of the end of childhood innocence. Shuichi Nitori and his new friend Yoshino Takatsuki have happy homes, loving families, and are well-liked by their classmates. But they share a secret that further complicates a time of life that is awkward for anyone: Shuichi is a boy who wants to be a girl, and Yoshino is a girl who wants to be a boy. Written and drawn by one of today's most critically acclaimed creators of manga, Shimura portrays Shuichi and Yoshino's very private journey with affection, sensitivity, gentle humor, and unmistakable flair and grace. Volume one introduces our two protagonists and the friends and family whose lives intersect with their own. Yoshino is rudely reminded of her sex by immature boys whose budding interest in girls takes clumsily cruel forms. Shuichi's secret is discovered by Saori, a perceptive and eccentric classmate. And it is Saori who suggests that the fifth graders put on a production of The Rose of Versailles for the farewell ceremony for the sixth graders — with boys playing the roles of women, and girls playing the roles of men.



[Gender born, gender made: Raising healthy gender-nonconforming children](#) / Ehrensaft, Diane -- New York, NY: The Experiment, LLC, 2011. (Book) - GA 600 EHR 2011

A guide for parents, clinicians, and educators on both the philosophical dilemmas and the practical, daily concerns of working with children who do not fit a "typical" gender mold.



Transgender child: A handbook for families and professionals / Brill, Stephanie; Pepper, Rachel. -- San Francisco, CA: Cleis Press Inc. 2008. (Book) - GA 600 BRI 2008

A comprehensive guidebook exploring the unique challenges faced by families raising gender variant and transgender children. This informative guide covers gender variance from birth through college, addressing parenting practices, developmental stages, disclosure to others, working with your school, legal and medical issues, and much more.

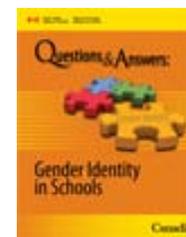


Why gender matters: What parents and teachers need to know about the emerging science of sex differences / Sax, Leonard. -- New York, NY: Doubleday, 2005. (Book) - GK 300 SAX 2005

This book explores the controversial question of biologically based gender differences, arguing that these variations are a biological reality and that they play a key role in the development of personality traits and intellectual and social skills.

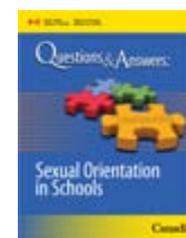
Questions & answers = Questions & reponses : Gender identity in schools = L'identite sexuelle a l'ecole -- Ottawa, ON: Minister of Health, 2011. (Book) - GA 600 PUB 2011

In English and French. This government resource discusses gender identity and is designed to support the implementation of the Canadian Guidelines for Sexual Health Education (Guidelines). The Guidelines are premised on the belief that comprehensive sexual health education should reflect the diverse needs and realities of all people. This resource is targeted at helping educators and program planners, school administrators, policy-makers and health professionals implement the Guidelines.



Questions & answers = Questions & reponses : Sexual orientation in schools = L'orientation sexuelle a l'ecole -- Ottawa, ON: Minister of Health, 2011. (Book) - GA 600 PUB 2013

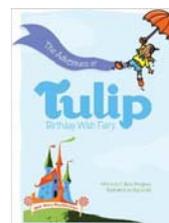
In English and French. This document is intended to address the most commonly asked questions regarding the sexual orientation of youth in school settings. The goal of this resource is to assist educators, curriculum and program planners, school administrators, policy-makers and health professionals in the creation of supportive and healthy school environments for youth struggling with issues of sexual orientation.



BOOKS FOR KIDS

The adventures of tulip: Birthday wish fairy / Bergman, S. Bear, Malik, Suzy (ill.) - Toronto, ON: Flamingo Rampant, 2012. (Book) - JUNIOR GA 600 BER 2012

Have you ever wondered what happens to your birthday wishes? Funny or serious, sad or wonderful, every wish gets read by a birthday wish fairy. This year, David wished for something that his wish fairy had never read before: to turn into a girl



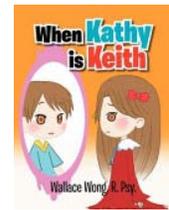
Gender now activity book : I am free to be me / Gonzalez, Maya Christina. -- San Francisco, CA: Reflection Press, 2011. (Book) - JUNIOR GA 600 GON 2011

In this activity book, there are stories, pictures, games and more to encourage and remind you that you are free to be! Learn that there are many ways to feel on the inside no matter what body you have on the outside through stories from nature, history, and different cultures.



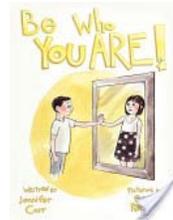
When Kathy is Keith / Wong, Wallace. -- [Bloomington, IN] Xlibris Corporation, 2011. (Book) - JUNIOR GA 600 WON 2011

Written by a clinical psychologist, this resource broaches the sensitive and often misunderstood issues that transgender children face. It follows the story of Kathy, a young girl who says she is a boy but no one takes her seriously.



Be who you are / Carr, Jennifer; Rumback, Ben (ill.) -- Bloomington, IN: AuthorHouse, 2010. (Book) - JUNIOR GA 600 CAR 2010

Meet Nick, a child who despite being born in a boy's body has always felt like a girl inside. Follow a journey of self awareness as Nick expresses the need to live authentically for the first time. Nick's parents provide a supportive environment where Nick enjoys self expression without worry or judgment; however, everyday life outside of Nick's home can be far more challenging.



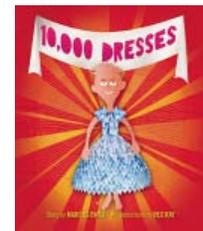
My princess boy / Kilodavis, Cheryl; Desimone, Suzanne (illustration) -- Toronto, ON: Aladdin, 2010. (Book) - GA 600 KIL 2010

Dyson loves pink, sparkly things. Sometimes he wears dresses. Sometimes he wears jeans. He likes to wear his princess tiara, even when climbing trees. He's a Princess Boy. Inspired by the author's son, and by her own initial struggles to understand, this is a heart-warming book about unconditional love and one remarkable family. It is also a call for tolerance and an end to bullying and judgments. The world is a brighter place when we accept everyone for who they are.



10,000 dresses / Ewert, Marcus; Ray, Rex (ill.) -- New York, NY: Seven Stories Press, 2008. (Book) - JUNIOR GA 600 EWE 2008

Every night, Bailey dreams about magical dresses: dresses made of crystals and rainbows, dresses made of flowers, dresses made of windows...Unfortunately, when Bailey's awake, no one wants to hear about these beautiful dreams. Quite the contrary: "You're a BOY!" Mother and Father tell Bailey. "You shouldn't be thinking about dresses at all." Then Bailey meets Laurel, an older girl who is touched and inspired by Bailey's imagination and courage. In friendship, the two of them begin making dresses together. And Bailey becomes the girl she always dreamed she'd be!

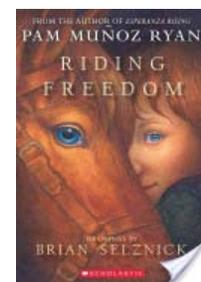


The boy in the dress / Walliams, David; Blake, Quentin, illustrator. -- London: HarperCollins, 2008. (Book) – JUNIOR GA 600 WAL 2008

This children's story tells the story of a twelve-year-old boy who enjoys cross-dressing, and the reactions of his family and friends. It is aimed at readers aged eight to twelve.

Riding freedom / Muñoz Ryan, Pam; Selznick, Brian (drawing) -- New York, NY: Scholastic Inc. 2007. (Book) - JUNIOR GA 600 MUN 2007

Charlotte Parkhurst, known as Charley, spent most of her life masquerading as a man. Raised in an orphanage where she is the only girl, she is prevented from being adopted by the staff, who put her to work in the kitchen. Her own predilection is to be with the horses and the elderly man who cares for them. Vern's tales of escaping slavery are the seeds of Charlotte's own desperate bid for freedom after her only other friend is adopted. Her knack with horses soon enables the disguised Charley to pursue her dream of driving a stagecoach. She does it so well that she is admired and sought after, and is offered the opportunity to earn a livelihood in the California gold fields. Many trials arise, including the loss of sight in her left eye, but throughout, Charlotte remembers her friends, works hard and persistently, and fulfills her ambitions, culminating in her voting in a presidential election. The author provides a compact and



exciting story about real people who exemplify traits that readers admire. A concluding note tells more about the historical facts surrounding Parkhurst's life, but kids will read it just for the adventure. The full-page, black-and-white pencil drawings are well rendered and enhance the straightforward text.

BOOKS FOR TEENS

[Beyond magenta: Transgender teens speak out](#) / Kuklin, Susan. -- Somerville, Massachusetts: Candlewick Press, 2014. (Book) - YOUTH GA 600 KUK 2014

In Beyond Magenta, six teens tell what it is like for them to be members of the transgender community. Portraits and family photographs grace the pages, adding immediacy to the emotional and physical journeys of these unwaveringly honest young adults.

