This is a list of **selected books and DVDs** available from the Family Support & Resource Centre (FSRC). For a complete listing and the latest, search & request materials from our online catalogue:  [www.bcchildrens.ca/fsrc](http://www.bcchildrens.ca/fsrc)

Don’t find what you’re looking for? Email us to make a purchasing suggestion:  [fsrc@cw.bc.ca](mailto:fsrc@cw.bc.ca)

Any in BC is welcome to borrow (patients, families, staff, & friends). We mail books for free across BC, including return postage. **If you are staying at the Hospital but are unable to come to the Centre, we will be happy to deliver resources during our working hours.**

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ASPERGER SYNDROME, AUTISM, & ATTENTION DEFICIT DISORDER


This book provides a series of lessons to help those who teach students with autism spectrum disorders (ASD) to develop social relationships.


A resource for parents and teachers of children with autism spectrum disorder (ASD) to help them make and maintain friendships. Key problems addressed: sharing, taking turns, being a tattletale, obsessions, winning, losing, jealousy, personal space, tact, diplomacy, and defining friendship.

More than words: a parent’s guide to building interaction and language skills for children with autism spectrum disorder or social communication difficulties / Sussman, Fern; Lewis, Robin Baird (Illustrations) -- Toronto, ON: The Hanen Centre, 2012. (Book) - FM 272 SUS 2012

Presents a step-by-step guide for parents of children with autism spectrum disorder to help them develop more advanced communication skills, focusing on helping the child reach the following four goals: 1) improved two-way interaction, 2) more mature and conventional ways of communication, 3) better skills in communicating for social purposes and finally, 4) improved understanding of language.

This book teaches the strategies and mindset necessary to help children with autism develop strength, hope, and optimism. Written by child psychologists and based on the field of positive psychology, it offers practical tips to help the child develop essential skills e.g. problem solving, learning from mistakes, developing responsibility and compassion, recognizing strengths, and making good decisions.


Provides a program for parents and educators to teach kids with special needs the hidden rules of social behavior. Designed to be used with children aged eight through thirteen.


This is a comprehensive and user-friendly book containing a complete social skills training package for students of all ages. After brief introductory chapters on skills to target, instructional strategies, behavior management, promoting generalization, etc. the reader is presented with 70 of the skills that most commonly cause difficulty for individuals with autism spectrum disorders and social-communication problems.


Meant to be read with a parent, this book addresses big questions ("What's ASD?" "Why me?") and provides strategies for communicating, making friends, and succeeding in school. Filled with quotes and stories from real kids, the book also offers helpful facts, checklists, dialogues, and resources.


For parents of autistic children and the professionals working with them, this book introduces a behaviour change technique. The authors have developed videotaped rather than 'live' scenarios for the child to observe, in order to concentrate the focus of attention for the child with autism and to create a stimulus for learning. Illustrative case examples are supported by detailed diagrams and photographs.

**SPECIAL NEEDS**

**Promoting social competence** / Williamson, G. Gordon; Dorman, Wilma. -- San Antonio, TX: Therapy Skill Builders, 2002. (Book) - REF CF 110 WIL 2002

This book provides a practical resource for enhancing the social competence of children between the ages of 3 and 12 years. It emphasises peer interaction with age appropriate activities for effecting changes in social and play behaviour, self-regulation, communication, prosocial skills, and social decision making. Chapter topics include: Overview of Social Competence; Foundations for Social Behaviour; Type
and Nature of Interactions; Social and Play Behaviour; Additional Components of Social Competence; Major Problems in Social Competence; Common Behavioural Profiles; Assessment and Intervention.

A resource aimed at clinicians and educators discussing: the growth of social competence in the context of normal development; commonly used instruments for assessing social competence; social impairments in children with ADHD, autism/PDDs, learning disabilities, and mental retardation; social competence challenges specific to children with chronic diseases (e.g. diabetes, asthma, seizures), acquired disorders (including cancer and brain injuries) and genetic syndromes; latest findings on social development in gifted children and the twice exceptional (gifted with learning abilities); social competence as it affects and is affected by conduct and mood disorders.

**Social thinking across the home and school day : The ILAUGH framework and related therapy strategies for kids with social cognitive deficits** / Winner, Michelle Garcia. The Gray Center for Social Learning and Understanding, 2003. (Video) - FM 235 SOC 2003
These 2 DVDs were developed to help parents and educational professionals provide a more thoughtful approach to recognizing the social cognitive reasons for students' deficits. The first DVD is a two-hour workshop to help define the ILAUGH Framework, which is a six-point model of social cognition. The second DVD demonstrates Michelle Garcia Winner working with younger and older children in group and individual lessons to facilitate social thinking and related skills.

**101 ways to facilitate making friends: How to engage and deepen support networks for people with disabilities** / Johannes, Aaron; Reynolds, Jim; Stanfield, Susan. -- Vancouver, BC: Spectrum Press, 2011. (Book) - CF 300 WAY 2011
The rules of physical contact can be tricky to grasp. This friendly picture book explains in simple terms how to tell the difference between acceptable and inappropriate touch, helping children with special needs stay safe. Each story covers a different type of touch from accidental to friendly to hurtful and will help children understand how boundaries change depending on the context. It covers when and where it is OK to touch other people, when and where other people can touch you, why self touching sometimes needs to be private, and what to do if touch feels inappropriate.

On its own or as a companion to the book “101 Ways to Make Friends: Ideas and conversation starters for people with disabilities”, this collection of strategies is for parents, leaders and teachers of all kinds. It's a book about being a friend, learning ways to make a contribution to community, and what it means to be a good friend or neighbour, son or daughter, brother or sister, etc.

**VISUAL IMPAIRMENT**

**Making friends: Social skills and play** -- Louisville, KY: Visually Impaired Preschool Services, Inc. 2006. (Video) - FH 300 VIP 2006
Blindness can significantly impact a child's understanding of how to behave with others. This video explores several areas of potential social difficulty and shows parents how to help their child build the social skills that are keys to successful living in a sighted world.
SELF-CONTROL AND BOUNDARIES

The rules of physical contact can be tricky to grasp. This friendly picture book explains in simple terms how to tell the difference between acceptable and inappropriate touch, helping children with special needs stay safe. Each story covers a different type of touch from accidental to friendly to hurtful and will help children understand how boundaries change depending on the context. It covers when and where it is OK to touch other people, when and where other people can touch you, why self touching sometimes needs to be private, and what to do if touch feels inappropriate.

2-6 players (more with team play). Players have a great time playing baseball as they learn to understand and respect boundaries: personal space and property boundaries, emotional boundaries, social boundaries, and NO as a boundary.

This booklet teaches elementary students the different feelings associated with good and bad touch.

In control: A book of games to teach self-control skills / Shapiro, Lawrence E. -- USA: Childswork Childsplay, 1995. (Game) - JUNIOR CF 110 SHA 1995

WORKSHEETS/GAMES, etc.

Friendship island / Chorney, Andrea; Rubenstein, Franklin; Clark, Paul (artist) -- Westport, CT: Discovery Toys. 2010. (Game) - CF 110 CHO 2010.
This game turns cooperating, negotiating and learning the importance of being a good friend into a win-win game. It aims to: develop critical thinking skills; express ideas and emotions in words; expand understanding of self and others; respect the ideas and differences of others; understand the consequences of positive and negative choices; value the importance of friendship, kindness, cooperation, and consideration; and encourage family participation and opportunities for dialogue.
FriendZee is a game that's designed to help kids practice their social language skills. The cards feature real-life communication items from eight categories: Body Language, Tone of Voice, Listening, Inferring, Giving Information, Imagination, Asking Questions, and Problem Solving.

Games to enhance social and emotional skills: Sixty-six games that teach children, adolescents, and adults skills crucial to success in life / Malouff, John; Schulte, Nicola S. -- Springfield, IL: Charles C. Thomas Publisher, Ltd. 1998. (Book) - CF 110 MAL 1998
The games teach empathy, how to ask persuasively for what you want, how to express your feelings. It includes suggestions on how to help players use their skills in daily life.

Know the code at school: Social skills card games: Social standards at school program -- Verona, WI: Attainment Company, Inc. 2003. (Game) - CF 110 ATT 2003
Illustrates 50 typical, daily social skills at school scenarios with five easy steps to accomplish each. Each card shows a skill with a relevant photo, lists sequential steps and suggests talking points. Cards can be used for 8 different games, role plays and cue cards.

For all teachers and children, here are 160 ready-to-use lessons and reproducible worksheets to help children become aware of acceptable social behavior and develop proficiency in acquiring basic social skills.

A fun and interactive game that has been developed for children and adolescents who experience difficulties with relationships. It is non-threatening, and focuses on a positive and fun group experience. It will enable participants to explore different interaction styles within a safe environment, thereby improving self-concept, and encouraging the participant to generalize their improved self-concept into other settings.

Worksheets for teaching social thinking and related skills / Winner, Michelle G. -- San Jose, CA: Michelle Garcia Winner, 2005. (Book) - REF FM 235 WIN 2005
Provides parents and educators with ways to explore breaking down abstract social thinking concepts into concrete ways for students to work on them in individual sessions or larger groups. For teaching students with: high-functioning Autism; Asperger Syndrome; PDD-NOS; Non-verbal learning disability, Attention Deficit Hyperactivity Disorder, etc.

EVERYDAY SOCIAL SKILLS

These materials were designed to be used in elementary and middle school classrooms to prevent behaviour problems before they occur. Lessons are designed to teach the skills needed for success in seven areas: Classroom Skills, Interpersonal Relationships/Friendships, Identifying and Expressing Feelings, Relieving Stress, Making Decisions, Replacement Skills for Aggression, IIs for Aggression, and Self-Acceptance.

A picture book describing a typical trip to the dentist for a check-up. Designed for very young, or developmentally challenged children.

A picture book describing a typical trip to the doctor for a check-up. Designed for very young, or developmentally challenged children.

A collection of Social Stories addressing a wide variety of topics, for both home and school. Topics include: people & pets; personal care; time for school; community helpers; helping around the house; cooking & mealtime routines

**Skills for daily living: Personal relationships** / Kelly, Alex; Sains, Brian; Harrison, Vanessa (Series Editor) -- Oxon, U.K. Speechmark Publishing Ltd, 2005. (Kit) - CF 110 KEL 2005
This pack will help students to focus on personal relationships and will help students to define and understand relationships. The cards illustrate how relationships develop and the different kinds and levels of relationships. Some cards illustrate the different stages of an intimate relationship developing over time. Other cards illustrate family situations, different groupings of friends and some professional relationships.