

# Giving Midazolam in the cheek when your child has prolonged seizures.



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**Brand name: Midazolam**

## Why is this medication given?

This medication is used to treat seizures that last longer than five minutes or come in clusters.

## The right dose for your child is:

Give \_\_\_\_\_ cc's of Midazolam

## The right time to give this medication is:

- When a seizure lasts longer than five minutes or;
- When a cluster of seizures goes on for \_\_\_\_\_ minutes.

## How to give the medication:

### 1. Gather the supplies

- Vial of midazolam
- Needle and syringe

### 2. Prepare the syringe:

- Check the expiry date on the vial of Midazolam. If today's date is past the date on the vial the medicine is too old and has expired. Do not give it. and call an ambulance.
- Attach the needle to the syringe. For your safety, leave the cover on the needle while you do this.
- Flip off the cap on the Midazolam vial.
- Insert the needle into the vial and pull up on plunger to withdraw \_\_\_\_\_ cc's of Midazolam.
- Ensure the dose is correct.
- Put the cap on the needle. Take the needle off of the syringe.

### 3. Give the dose:

- Insert the syringe gently into the cheek.
- Push the plunger down, slowly coating the cheek until the syringe is empty.

### 4. Keep your child on his or her side:

- Watch your child's breathing and colour for 20 minutes. If your child's skin turns grey or bluish, call an ambulance.

**ALERT:** Never give a second dose of Midazolam.

### If the seizure does not stop:

- Call 911 for an ambulance.
- Tell the paramedic how much Midazolam you gave and the time you gave it.
- Stay with your child.

### Helpful Hints:

- Store all supplies, including the Midazolam and this instruction sheet together. A small make-up bag is ideal.
- Carry the Midazolam kit with you at all times. Seizures can happen at any time.
- Only people trained by a qualified nurse should give your child Midazolam.
- Go over these notes every 3 to 4 months to refresh your memory. Check the expiry date on the Midazolam vial every 3 to 4 months. Mark the dates you did this dates on your calendar.



**If you have any questions, please contact your clinic nurse:**

\_\_\_\_\_

at: \_\_\_\_\_

**It's good to ask!**