

Who and When to Call for Help for Your Baby with Cystic Fibrosis (CF)



Newborn Screening Team for Cystic Fibrosis

4480 Oak Street, Vancouver, BC V6H 3V4
604-875-2345 • 1-888-300-3088
www.bcchildrens.ca



Go to Emergency if:

- ▶ Your baby is wheezing.
- ▶ Your baby having difficulty breathing.
- ▶ Your baby has lips or nail beds that look grey or bluish in color.
- ▶ Your baby is:
 - 6 months old or younger and has not been drinking for more than 6 hours.
 - older than 6 months old and has not been drinking for more than 10 hours.
- ▶ Your baby is not drinking and has not been having wet diapers.
- ▶ Your baby is not drinking and has been throwing up or having diarrhea.
- ▶ Your baby has a temperature of 38.0° Celsius or more.

Call or make an appointment with the CF Center if:

- ▶ It is time for your baby's regular CF check-up.
- ▶ Your baby has:
 - a runny nose or congestion.
 - diarrhea.
 - been in contact with a person who is sick.
 - a cough that is getting worse.
- ▶ Your baby is not:
 - pooping normally and has a tummy ache.
 - eating or drinking.
- ▶ You want help:
 - watching for signs of infection.
 - coping with your baby's illness.
 - giving enzymes with feedings.

- ▶ You have questions about:
 - physiotherapy treatments.
 - medications your baby is taking.

Monday to Friday: Call the clinic secretary at **604-875-2000** extension **2146** or

Call the nurse at **604-875-2623**.

Nights and Weekends: Contact BC Children's Hospital paging at **604-875-2161** and ask for the doctor on call.



Call or make an appointment to see your family doctor or pediatrician if:

- ▶ It is time for your baby's routine check-up
- ▶ It is time for your baby's regular shots or immunizations.
- ▶ Your baby needs a flu shot.
- ▶ Your baby has an earache.
- ▶ Your baby has an eye infection.
- ▶ You have concerns about teething.

Call your family doctor, pediatrician or CF Centre if:

- ▶ Your baby:
 - has a fever.
 - has a rash.
 - is throwing up.
- ▶ You have questions about:
 - worrisome behaviors.
 - your baby's weight or growth.
 - feeding your baby or introducing formula or solids.

It's good to ask!