BLS for Healthcare Providers Course

2-Rescuer Child CPR and AED Practice Sheet

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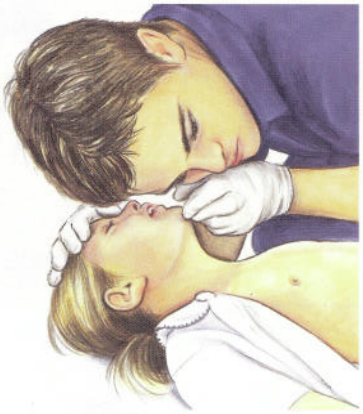
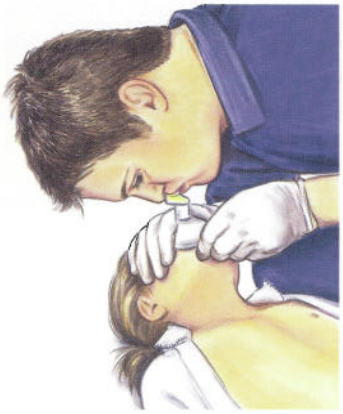
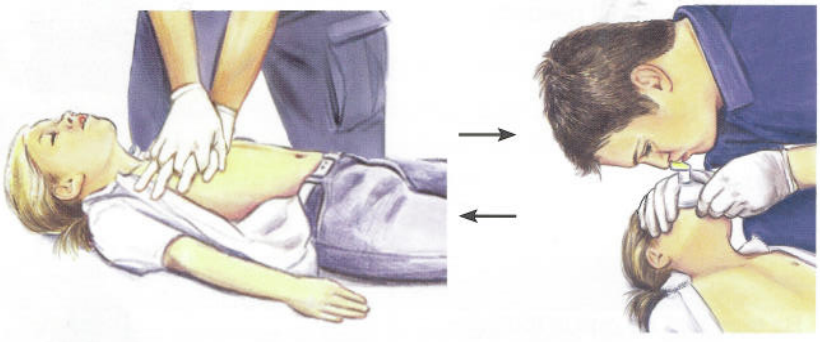
Performance Guidelines	
Check for response • If there is no response, send someone to activate the emergency response system and get the AED	
Open the airway • Head tilt–chin lift Check for breathing (take at least 5 and no more than 10 seconds) • Look, listen, and feel If no breathing, give 2 breaths • Make the chest rise (you may need to try a couple of times to give a total of 2 breaths that make the chest rise) Check pulse • Take at least 5 seconds and no more than 10 seconds	 Open airway, check breathing  Give 2 breaths
If no pulse or if heart rate is less than 60 beats per minute with signs of poor perfusion, start cycles of 15 compressions and 2 breaths: • 15 compressions (push hard, push fast) • Rate of 100 per minute • 2 breaths *Minimize interruptions in chest compressions; try to keep to less than 10 seconds*	 15 2