

Car Seat Checklist: Getting Ready to Go Home

Babies Are at Greater Risk in Car Accidents

Many injuries and deaths can be prevented with the right use of child car seats. As many as 80% to 90% of car seats are used incorrectly, so make sure you know how to install and use yours correctly.

Before My Baby Is Born

- I am aware that it is my responsibility to know how to use and install the car seat.
- I have a rear-facing car seat purchased in Canada.
- I have checked the expiry date of the car seat.
- I have read and understand the car seat manual.
- I have taken the car seat out of the box and know how to install it in my car.

After My Baby Is Born

- I will have a car seat present in my room at least 1 day prior to going home.
- I will check that all car seat parts are ready to use.
- I will bring the car seat manual to the hospital.
- I will bring extra blankets for support and covering baby.
- I will practice placing baby in the car seat before going home.

Please visit the Transport Canada website for more information about:

- Buying a car seat
- Installing a car seat
- Safety recalls

<http://www.tc.gc.ca/en/services/road/child-car-seat-safety.html>